

# MACGREGOR ELEMENTARY SCHOOL

Pine Creek School Division

**Box 10**

**MacGregor, MB  
ROH ORO**

**Phone: 685-2249  
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**Mr. Bryan Marriott, Principal  
Mrs. Sharon Craik, Admin. Assistant**

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January 8th, 2019

To MacGregor Elementary School Parents:

On **February 25<sup>th</sup>** MacGregor Elementary School is planning a Winter Activity Day in conjunction with our Outdoor Education program. All students in grades 1-8 are encouraged to take part in this Winter Activity Day and enjoy the outdoor activities planned. Students in grades 3-8 will have the opportunity to experience downhill skiing / snowboarding at Holiday Mountain Ski Resort, while students in grades 1-2 will be tubing at Rodgers Hill south of MacGregor. Students who choose not to downhill ski may select tubing as an alternative activity. Students in grades 5-8 also have the opportunity to cross country ski at Bittersweet trails.

Holiday Mountain Skiing / Snowboarding will be a full day activity, leaving the school at **7:45 am** and returning approximately **6:00 pm**. The cost of the skiing and snowboarding is **\$62.00** which includes lift, rentals, helmet and transportation. Snacks, drinks and lunch are the responsibility of the participants. Students are welcome to bring their own snacks and lunch if they wish.

Rodgers tubing hill is booked from **9:15 am** to **2:45 pm**. The cost of the activity is **\$10.00** which includes ticket and transportation. Snacks, drinks and lunch are the responsibility of the student. Again, students are welcome to pack their own lunch. Tubing will be split into specific age groups depending on the numbers. We will not have students in grade 1 tubing with older students for safety reasons. All participants tubing will be home for regular bus routes. Helmets are not mandatory for this activity but are recommended.

Students participating in cross country skiing will be leaving the school at **9:00 am** and will return for regular afternoon routes. The cost of this activity is **\$8.00**. A trail side fire lunch, snack and drink will be provided. Students are encouraged to pack their own snacks and water.

For those students who choose not to participate, a regular school day will occur and they are expected to be in attendance.

We are looking for a few parent chaperones for both activities. If you are interested, please contact the school. If you have any further questions, please contact Bryan Marriott. We thank you in advance for your continued support.

Sincerely,

Bryan Marriott  
MES, Principal

Grades 1-2 Students

I give \_\_\_\_\_ permission to take part in the Winter Activity Day on February 25<sup>th</sup> at Valleyview tubing hill.

Parents Signature: \_\_\_\_\_

Full payment and permission form must be returned to MES by February 11th, 2019.

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Child's Skiing / Snowboarding Skill Level: \_\_\_\_\_ Novice \_\_\_\_\_ Beginner \_\_\_\_\_ Intermediate \_\_\_\_\_ Advanced

Winter Activity: Skiing \_\_\_\_\_ Snowboarding \_\_\_\_\_ Tubing \_\_\_\_\_ Bittersweet \_\_\_\_\_  
(\$62.00) (\$62.00) (\$10.00) (\$8.00)

(If you have your own skiing / snowboarding equipment, please see Mr. Marriott)

## Health Form

Student's Personal Health ID number: (9 digit #) \_\_\_\_\_

Divisional policy states that student accident insurance for an activity of this nature is required.

(i.e. From the school or Blue Cross or other, etc.)

**(Insurance required for Alpine Skiing only)**

Type of insurance: \_\_\_\_\_ I.D. #: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Please make checks payable to MacGregor Elementary School Student Council**

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **Important Rules in Place to Ensure Student Safety**

- 1) Students will be required to take two mandatory rests/breaks while at Holiday Mountain.
- 2) Helmets are mandatory for all students Alpine Skiing. Helmets are not mandatory at Tubing Hill but are encouraged.
- 3) MES students will be organized into groups of 15 students and provided a supervisor for the day.
- 4) All students must take part in the pre-planning safety meeting prior to the Winter Activity Trip.
- 5) Holiday Mountain staff and MES staff have the right to remove skiing / snowboarding privileges.
- 6) Do not ski / snowboard slopes that are too difficult for your ability.
- 7) Do not jump or perform "aerial" maneuvers out of your capability.

#### **Alpine Responsibility Code**

1. Always stay in control. You must be able to stop, or avoid other people or objects.
2. People ahead of you have the right-of-way. It is your responsibility to avoid them.
3. Do not stop where you obstruct a trail or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others.
5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
6. Always use proper devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and closed areas.
9. You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

#### **Acknowledgment of Inherent Risk**

Skiing and snowboarding are physically demanding sports with inherent risks which are beyond the control of Holiday Mountain Ski Resort and Pine Creek School Division. Falls, collisions and other incidents may occur and cause injury. Skiing/snowboarding equipment is designed to minimize such risks, but it does not eliminate them. Skiers and snowboarders assume these inherent risks and dangers.