



M.E.S. PRESS



MacGregor Elementary School

MUSTANGS NEWS

Basketball practices for our teams are happening and we are excited to see so much interest in our Mustangs Athletics program. The Mustangs have played a few exhibition games against Carberry and our athletes are looking strong and ready for the season. We encourage families and friends to come out and cheer on the Mustangs at their annual tournaments.

Boys - March 1st / Girls – March 8th



Congrats to Jude Hill, the MES 21 tournament champion. Jude was undefeated throughout

the entire tournament.

Good shooting Jude!

THANK YOU

Special thanks to all staff and students for such a tremendous Christmas Concert. It was a great performance and enjoyed by all.

My home is in MacGregor you see,
and in it is the Frank family.
There are four bedrooms of the house,
and not a single mouse.
Two stories of the house,
one up one down and still no mouse.
Two T.V's looking great,
something good to celebrate
There are creaking floors,
eleven doors,
and lots of love to go around.
There are nice stairs, two rocking chairs and a
deck that won't wreck.
And that is my house without a mouse
I love my family and there is no humanity.
When I come home my family is there.
My home has different smells but none like
hotels
There are lots of different things to hear but
never a deer
That is my description of home hope you love it
down to the bone
By Emma Frank

Descriptive Writing Piece

A truly dreadful day it was. Gloom spread throughout the sky while chilling gale winds spread through the hillside. Still, it was calm. Still, unease and melancholy coursed through the veins of all near.

As the dreary daybreak neared its end, writhing storm clouds rolled in, as a faint snowfall drifted from the heavens like the ash of a great beast long fell. Then more came. Then more. Soon a violent maelstrom of snowfall blanketed the lands in sleet and storm.

Turmoil blew throughout the hillside, leaving wisps and whispers throughout. Snow piled onto the roofs, collapsing the weak. Frail trees fell to the great winds, covered in snow as they reached the ground. The howling winds were merciless, leaving only the strong and the determined left in the sleet.

After what seemed to be an eternity, the winds grew weary and the assault from the heavens thinned. Yet the damage had still been done.

By A. Street

Upcoming Dates

February 1st

**Grades 3-4 Swimming
10:00-11:15 am**

February 7th

**Kindergarten Swimming
1:00-2:15 pm**

February 20th

**Grades 7-8 @
Festival du Voyageur**

February 22nd

**Grades 5-6 @
Festival du Voyageur**

February 27th

Divisional Curling

February 28th

**I LOVE TO READ
PANCAKE BREAKFAST**

February - "I love to Read" Month

A schedule of planned activities will be sent home for the upcoming "I Love to Read" month. We have some great things planned to promote reading. Stay tuned for more information.

ALTERNATE FORMS OF THIS NEWSLETTER ARE AVAILABLE BY REQUEST AT 204-685-2249.



KINDERGARTEN REGISTRATION February 5th - 9th, 2024

Austin Elementary School (AES) Principal: Michelle Marriott	(204) 637-2240	aes@pcsdonline.ca
MacGregor Elementary School (MES) Principal: Bryan Marriott	(204) 685-2249	mes@pcsdonline.ca
Gladstone Elementary School (GES) Principal: Alan Warkentin	(204) 385-2613	ges@pcsdonline.ca
Langruth Elementary School (LES) Principal: Bill Banyard	(204) 445-2001	les@pcsdonline.ca
Plumas Elementary School (PES) Principal: Alanna Madsen	(204) 386-2250	pes@pcsdonline.ca

3 Ways to Register:

Picking up and Completing Registration Forms at the School: Please see our Administrative Assistant at our front office to get the registration form. If needed, please ask for any assistance with the form

Dropping off Registration Package: Drop off the forms at any time. Please complete them Online then print them off or pick up from the school.

Emailing: Please email the registration form using the email provided above. Registration forms are available on the school and divisional websites as fillable forms. Please fill them in, save them, and attach them to an email to send them in.

What you will need:

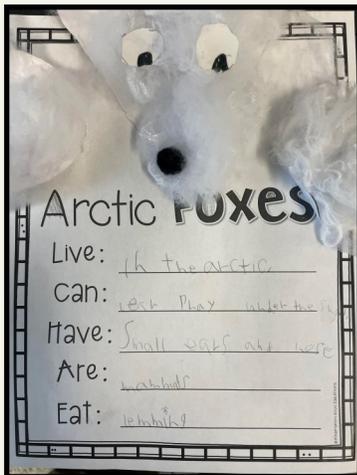
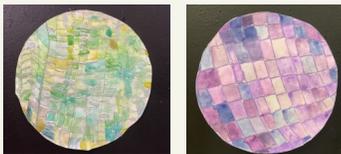
- Child's birth certificate (provide a copy, or you can request a photocopy from the school)
- Proof of Address (Legal Land Description with Legal Guardian's Name); i.e. Driver's License, Utility Bill, Lease Agreement, etc.
- MB Health Card listing the Parent and Child's Name



EVERY CHILD IS AN ARTIST



Grades 7-8 Lino Cut Artwork



Grade 1-2 Penner Writing

BENEFITS FROM READING

- 1) **Reading can boost your intelligence.** People who exhibit strong reading skills early in life grow up to be more intelligent. That was the finding of a study published in 2014 that measured the cognitive development of 1,890 sets of identical twins.
- 2) **Reading helps increase empathy.** Reading books doesn't just make you smarter—it can make you a kinder person as well. According to a study published in 2013, people who consume literary fiction have an easier time sensing and relating to emotions in other people.
- 3) **Reading can lower stress.** Feel stressed at the end of a long day? Cracking open a book is a good way to wind down. A 2009 study found that reading for just 30 minutes has similar stress-reducing effects to doing 30 minutes of yoga.
- 4) **Reading is an excuse to put your phone away.** If you're too busy to read during the day, consider making snuggling up with a good book as part of your bedtime routine. Reading a physical book before going to bed is a great alternative to scrolling through your phone—something most of us admit to doing. Research has shown that smartphone use at night makes it harder for people to fall asleep and leads to an overall decline in sleep quality.
- 5) **Reading helps families bond.** When parents read out loud to their children, they can pass on the benefits of reading and encourage meaningful interactions. To reap the positive effects of reading to kids, parents should stick to physical picture books. A recent study found that print books, in contrast to tablets and e-readers, can promote the deepest connections between caretakers and children.

Congratulations to the Seth, Deklin, and Shy for their participation and awards in the annual Legion Poster Contest.



MacGregor Elementary School students often participate in this contest and their ideas and thoughts on Remembrance Day are illustrated through their drawings.

Congratulations to all who took part in the contest!